

**COURSE SYLLABUS
SUBSTANCE ABUSE COUNSELING-1
ADDICTIONS-400**

INSTRUCTOR: Dr. George Gonzalez, Ph.D., Board Certified Clinical Psychologist, Board C. Clinical Addiction Counselor

**COURSE NUMBER AND TITLE:
SUBSTANCE ABUSE COUNSELING I-400**

COURSE (CATALOG) DESCRIPTION:

This course focuses on the treatment process including intervention and prevention issues as it applies specifically to the substance abuse. Ethical and legal issues for the substance abuse counselor will be identified.

MAJOR COURSE OUTCOMES:

This course consists of the following rations:

- A. Focus on evidence-based practices.
- B. Use a respectful and positive approach with all clients.
- C. View substance abuse problems on a continuum from no problematic to problematical use rather than as an either/or situation.
- D. Collaborate with clients on the creation of individualized plans for change.
- E. Build interventions based on the recognition that substance abuse occurs in a social context.
- F. Use a multicultural perspective to meet the needs of diverse client populations.
- G. Acknowledge the idea that client advocacy is central to the counselor's role.

READING MATERIAL FOR COURSE:

All reading will come from the reference book for this course. Reference book information can be found under required text and materials.

LEARNING COURSE OBJECTIVES:

- **Read all assigned readings.**
- **Participate if need be with questions.**
- **Complete assigned exercises and papers and exams.**

MAJOR COURSE LECTURE, TOPICS DESCRIPTION/REQUIRED/RECOMMENDED READINGS/ELECTRONIC RESOURCES TO VIEW:

Week	Topic/Lecture/Event	Required/Recommended Readings/Electronic Resources to View
1	Substance Abuse Counseling For the 21 st . Century	Read: Pages 2-27
2	Drugs and Their Effects	Read: Pages 32-59
3	Motivational Interviewing	Read: Pages 61-74
4	Assessment and Treatment Planning	Read: Pages 78-96
5	Helping Clients Change	Read: Pages 98-128
6	Empowering Clients Through Group Work	Read: Pages 145-164
7	Maintaining Change In Substance Use Behaviors	Read: Pages 183-214
8	Working with Families	Read: Pages 168-186
9	Program Planning	Read: Pages 189-198
10	Cont. of Program Planning	Read: Pages 198-204
11	Cont. of Program Planning (Evaluation)	Read: Pages 204-211
12	Preventing Substance Abuse	Read: Pages 213-218
13	Cont. on Preventing Substance Abuse (Developing A Casual Model)....	Read: Pages 218-225
14	Cont. on Preventing Substance Abuse (Effectiveness of Prevention Programs)....	Read: Pages 225-229
15	Final Exam	Overview of all Chapters

REQUIRED TEXT AND MATERIALS:

Lewis, A. Judith, Dana, Q. Robert, Blevins, A. Gregory, Book: Substance Abuse Counseling, 4th. Edition, Publishing Company: Brooks/Coles Cengage Learning, ISBN#: 13: 978-0-534-62845-1

GRADING SCALE:

90-100 – A

81-90 – B

71-80 – C

Below 70- Failed

GRADING CRITERIA:

***THE STUDENT IS TO DO THE (QUESTIONS FOR THOUGHT AND DISCUSSION) AT THE END OF EACH OF THE CHAPTERS FROM THE READINGS. THESE**

ASSIGNMENTS ARE TO BE DONE (PDF) AND E-MAILED AS AN ATTACHMENT TO THE INSTRUCTOR'S E-MAIL ADDRESS: gonzalezcollege@gmail.com

DEPARTMENT PARTICIPATION POLICY:

The student is encouraged to communicate with the instructor via e-mail:
gonzalezcollege@gmail.com